

Männer

| Pl. | St Nr | Name                      | Verein                           | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt  |
|-----|-------|---------------------------|----------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1   | 93    | Philipp Sahn              | Team sportELSCH                  | TM40 | 1   | 0:16:00 (6)  | 0:53 | 1:00:26 (1)  | 0:44 | 0:39:30 (2)  | 1:57:33 |
| 2   | 43    | Lukas Feier               | SSV Bingen                       | TM20 | 1   | 0:13:37 (1)  | 1:43 | 1:02:19 (4)  | 0:42 | 0:40:44 (7)  | 1:59:04 |
| 3   | 46    | Alexander Rat             | Rheingauer Schwimmclub 1970 e.V. | TM45 | 1   | 0:15:46 (2)  | 1:08 | 1:05:32 (10) | 1:13 | 0:38:52 (1)  | 2:02:32 |
| 4   | 47    | Benjamin Exner            | PV Triathlon TG Witten           | TM35 | 1   | 0:18:59 (28) | 0:50 | 1:02:18 (3)  | 0:47 | 0:40:31 (4)  | 2:03:25 |
| 5   | 100   | Jochen Diederichs         | ALV Mainz                        | TM50 | 1   | 0:18:23 (23) | 1:29 | 1:01:38 (2)  | 0:44 | 0:44:21 (19) | 2:06:35 |
| 6   | 38    | Sebastian Zimander        | RV Wörrstadt                     | TM35 | 2   | 0:17:21 (18) | 0:56 | 1:05:38 (11) | 0:46 | 0:43:02 (12) | 2:07:42 |
| 7   | 1     | Jörg Urlbauer             | WRAG Tria Team                   | TM50 | 2   | 0:17:14 (14) | 0:46 | 1:06:15 (13) | 0:47 | 0:43:41 (16) | 2:08:43 |
| 8   | 77    | Benjamin Rayer            |                                  | TM30 | 1   | 0:15:51 (3)  | 0:51 | 1:10:11 (28) | 0:50 | 0:41:40 (9)  | 2:09:22 |
| 9   | 62    | Rüdiger Kranz             | RV Wörrstadt                     | TM55 | 1   | 0:19:35 (32) | 1:08 | 1:04:35 (7)  | 1:14 | 0:43:32 (15) | 2:10:03 |
| 10  | 64    | Daniel Schulz             | sportELSCH                       | TM45 | 2   | 0:16:10 (8)  | 0:45 | 1:07:34 (17) | 0:53 | 0:44:41 (20) | 2:10:03 |
| 11  | 81    | Stephan Streif            | GravelBres                       | TM35 | 3   | 0:21:04 (44) | 1:33 | 1:05:54 (12) | 1:01 | 0:40:41 (6)  | 2:10:13 |
| 12  | 42    | Ole Unger                 | LC Bingen                        | TM30 | 2   | 0:20:15 (36) | 1:53 | 1:03:38 (5)  | 0:46 | 0:44:06 (18) | 2:10:38 |
| 13  | 71    | Michael Blumbach          | ALV Mainz                        | TM45 | 3   | 0:16:07 (7)  | 0:43 | 1:07:55 (18) | 0:57 | 0:44:58 (21) | 2:10:40 |
| 14  | 95    | Christian Koch            | DREIkraft Neunkirchen            | TM35 | 4   | 0:16:26 (9)  | 0:32 | 1:07:58 (19) | 0:58 | 0:45:26 (23) | 2:11:20 |
| 15  | 31    | Marco Lachenmayer         | Eintracht Frankfurt              | TM25 | 1   | 0:17:50 (20) | 1:22 | 1:10:04 (26) | 0:50 | 0:41:51 (10) | 2:11:57 |
| 16  | 105   | Alexander Opatz           | ALV Mainz                        | TM40 | 2   | 0:17:20 (17) | 1:05 | 1:04:39 (8)  | 1:07 | 0:47:53 (33) | 2:12:04 |
| 17  | 87    | Sebastian Wegner          | Die Bopps                        | TM25 | 2   | 0:20:49 (40) | 1:50 | 1:08:08 (20) | 1:31 | 0:40:17 (3)  | 2:12:35 |
| 18  | 106   | Felix Salzmann            | ALV Mainz e.V.                   | TM30 | 3   | 0:17:19 (16) | 1:10 | 1:10:27 (29) | 1:47 | 0:43:01 (11) | 2:13:43 |
| 19  | 89    | Marco Singer              |                                  | TM35 | 5   | 0:18:16 (22) | 1:30 | 1:06:49 (16) | 0:55 | 0:46:55 (29) | 2:14:23 |
| 20  | 21    | Matteo Karle              | Hot Schotts & Friends            | MJUN | 1   | 0:20:43 (38) | 1:27 | 1:08:10 (21) | 0:55 | 0:43:16 (13) | 2:14:30 |
| 21  | 102   | Patrick Nowak             | ALV Mainz                        | TM40 | 3   | 0:21:59 (55) | 1:08 | 1:05:06 (9)  | 0:59 | 0:45:34 (25) | 2:14:46 |
| 22  | 9     | Alexander Hildebrand      | ALV Mainz                        | TM40 | 4   | 0:16:39 (11) | 1:02 | 1:09:55 (25) | 0:55 | 0:47:08 (31) | 2:15:40 |
| 23  | 66    | Peter Kretzer             | TMK - Triathlon Mülheim-Kärlich  | TM20 | 2   | 0:16:49 (12) | 1:09 | 1:08:42 (22) | 1:11 | 0:48:47 (36) | 2:16:38 |
| 24  | 39    | Malte Kern                | ALV Mainz                        | TM40 | 5   | 0:20:14 (35) | 1:16 | 1:14:11 (40) | 1:07 | 0:40:36 (5)  | 2:17:25 |
| 25  | 120   | Lothar Matzat             | Eintracht Frankfurt Triathlon    | TM60 | 1   | 0:16:36 (10) | 1:40 | 1:11:52 (32) | 1:20 | 0:46:44 (28) | 2:18:11 |
| 26  | 108   | Heiko Philipps            | ALV Mainz                        | TM55 | 2   | 0:18:30 (26) | 1:54 | 1:10:05 (27) | 1:04 | 0:47:00 (30) | 2:18:33 |
| 27  | 6     | Andreas Schubert-Springer | Team Zoot Europe                 | TM55 | 3   | 0:21:59 (54) | 1:12 | 1:06:23 (15) | 0:43 | 0:49:05 (38) | 2:19:22 |
| 28  | 56    | Andreas Köhler            | LLG Wonnegau                     | TM50 | 3   | 0:21:35 (49) | 0:46 | 1:10:28 (30) | 1:53 | 0:45:07 (22) | 2:19:48 |
| 29  | 84    | Nico Brunsch              |                                  | TM20 | 3   | 0:16:59 (13) | 1:13 | 1:12:22 (33) | 1:05 | 0:48:21 (34) | 2:20:00 |

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| Pl. | St Nr | Name               | Verein   | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt    |
|-----|-------|--------------------|--|------|-----|--------------|------|--------------|------|--------------|-----------|
| 30  | 70    | Patrick Martens    | RunningClub Fulda                              | TM35 | 6   | 0:20:23 (37) | 1:01 | 1:16:30 (47) | 1:14 | 0:41:16 (8)  | 2:20:25   |
| 31  | 82    | Daniel Hermes      |  | TM35 | 7   | 0:20:46 (39) | 2:08 | 1:06:17 (14) | 1:52 | 0:50:00 (40) | 2:21:02   |
| 32  | 8     | Frank Ellrich      | VfL Fürgeld                                    | TM45 | 4   | 0:20:55 (42) | 1:11 | 1:08:42 (22) | 0:59 | 0:50:10 (41) | 2:21:56   |
| 33  | 22    | Pio Karle          | Hot Schotts & Friends                          | TM20 | 4   | 0:19:14 (29) | 1:29 | 1:09:47 (24) | 1:12 | 0:51:54 (46) | 2:23:05 * |
| 34  | 58    | Andre Birrenbach   | TCEC Mainz                                     | TM60 | 2   | 0:17:50 (21) | 1:09 | 1:13:54 (38) | 1:39 | 0:48:55 (37) | 2:23:26   |
| 35  | 28    | Jochen Schwartner  | Poseidon Worms                                 | TM50 | 4   | 0:18:30 (25) | 1:35 | 1:13:00 (34) | 1:24 | 0:49:28 (39) | 2:23:58   |
| 36  | 59    | Peter Höpfner      | MSV 1901                                       | TM55 | 4   | 0:15:52 (4)  | 1:53 | 1:19:16 (58) | 1:39 | 0:45:27 (24) | 2:24:06   |
| 37  | 12    | Thomas Wolff       | WRAG Tria Team, RV Wörrstadt                   | TM50 | 5   | 0:18:37 (27) | 0:52 | 1:11:25 (31) | 1:04 | 0:52:29 (50) | 2:24:26   |
| 38  | 83    | Sinan Riedel       | 1. FC Kaiserslautern                           | TM20 | 5   | 0:19:23 (30) | 1:15 | 1:13:37 (36) | 0:30 | 0:50:12 (42) | 2:24:27 * |
| 39  | 98    | Dirk Schön         | ALV Mainz                                      | TM50 | 6   | 0:17:18 (15) | 0:39 | 1:15:23 (44) | 1:13 | 0:52:08 (48) | 2:26:40   |
| 40  | 40    | Carsten Heil       | LG Ohmbachsee                                  | TM45 | 5   | 0:24:16 (69) | 2:36 | 1:17:46 (50) | 1:29 | 0:43:25 (14) | 2:29:33   |
| 41  | 7     | Torsten Patt       | SC Oberursel                                   | TM55 | 5   | 0:21:34 (48) | 0:57 | 1:13:18 (35) | 1:19 | 0:52:45 (52) | 2:29:52   |
| 42  | 11    | Robin Duckgeischel | Eintracht Frankfurt                            | TM25 | 3   | 0:24:01 (67) | 1:30 | 1:18:21 (52) | 2:10 | 0:43:56 (17) | 2:29:59   |
| 43  | 55    | Thomas Madry       | Antreiber der Familie Gietzbach                | TM40 | 6   | 0:21:25 (46) | 2:00 | 1:18:43 (55) | 1:14 | 0:46:38 (27) | 2:30:00   |
| 44  | 110   | Lukas Lamb         | ALV Mainz                                      | TM25 | 4   | 0:21:47 (51) | 2:08 | 1:15:43 (45) | 1:34 | 0:50:13 (43) | 2:31:24   |
| 45  | 25    | Torsten Lang       |  | TM50 | 7   | 0:23:10 (61) | 1:32 | 1:15:04 (43) | 1:02 | 0:51:59 (47) | 2:32:17 * |
| 46  | 49    | Christian Gietzen  | Familie Gietzbach                              | TM40 | 7   | 0:19:31 (31) | 1:38 | 1:13:53 (37) | 1:00 | 0:57:08 (58) | 2:33:10   |
| 47  | 51    | Michael Fuchs      |  | TM60 | 3   | 0:21:23 (45) | 1:57 | 1:13:57 (39) | 1:26 | 0:54:41 (53) | 2:33:24   |
| 48  | 37    | Thomas Jung        | Fitnessstudio "Fit for Life"<br>Kaiserslautern | TM45 | 6   | 0:21:01 (43) | 1:42 | 1:19:02 (56) | 0:57 | 0:51:47 (45) | 2:34:29   |
| 49  | 116   | Enrico Hennrich    | TuS Heimweiler                                 | TM30 | 4   | 0:21:26 (47) | 4:36 | 1:17:14 (49) | 1:01 | 0:50:43 (44) | 2:35:00   |
| 50  | 14    | Andre Schaupp      | RV Wörrstadt WRAG Tria Team                    | TM30 | 5   | 0:18:25 (24) | 1:51 | 1:16:17 (46) | 1:36 | 0:56:54 (57) | 2:35:03   |
| 51  | 117   | Klaus Müller       | FC St. Pauli Triathlon                         | TM65 | 1   | 0:20:14 (34) | 1:36 | 1:16:34 (48) | 2:07 | 0:55:35 (55) | 2:36:06   |
| 52  | 18    | Lucas Sprockamp    |  | TM25 | 5   | 0:21:47 (50) | 2:36 | 1:22:41 (61) | 2:18 | 0:48:33 (35) | 2:37:56   |
| 53  | 48    | Karl-Michael Haus  | Wasgau BikerSilz                               | TM55 | 6   | 0:28:56 (75) | 1:10 | 1:14:53 (41) | 1:20 | 0:52:19 (49) | 2:38:38   |
| 54  | 24    | Gérard Stengele    | Feuerwehrsportgruppe Mainz-<br>Bretzenheim     | TM25 | 6   | 0:23:39 (66) | 2:20 | 1:25:23 (73) | 0:35 | 0:47:51 (32) | 2:39:48   |
| 55  | 85    | Robin Klein        | Die Bopps                                      | TM20 | 6   | 0:22:19 (57) | 2:09 | 1:28:34 (74) | 0:34 | 0:46:23 (26) | 2:39:59   |
| 56  | 23    | Marcel Ziefle      | Feuerwehrsportgruppe Mainz-<br>Bretzenheim     | TM25 | 7   | 0:23:29 (63) | 2:06 | 1:17:50 (51) | 1:34 | 0:56:06 (56) | 2:41:05   |
| 57  | 91    | Nils Luckhaupt     |  | TM40 | 8   | 0:22:21 (58) | 1:44 | 1:25:09 (70) | 1:11 | 0:52:30 (51) | 2:42:55   |

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| Pl. | St Nr | Name               | Verein                                | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt    |
|-----|-------|--------------------|---------------------------------------|------|-----|--------------|------|--------------|------|--------------|-----------|
| 58  | 104   | Winfrid Hartung    | ALV Mainz                             | TM65 | 2   | 0:25:49 (71) | 1:42 | 1:15:01 (42) | 2:37 | 0:58:31 (59) | 2:43:39   |
| 59  | 17    | Nils Schröder      |                                       | TM25 | 8   | 0:21:48 (52) | 3:01 | 1:23:26 (63) | 2:48 | 0:55:12 (54) | 2:46:13   |
| 60  | 50    | Ralf Berlenbach    | Familie Gietzbach                     | TM55 | 7   | 0:20:52 (41) | 3:35 | 1:18:37 (54) | 3:04 | 1:00:39 (61) | 2:46:47   |
| 61  | 109   | Detlef Hebestreit  | ALV Mainz                             | TM65 | 3   | 0:23:28 (62) | 2:00 | 1:19:06 (57) | 2:02 | 1:01:49 (63) | 2:48:24   |
| 62  | 35    | Thomas Frisch      | Triathlon Jägersburg                  | TM65 | 4   | 0:25:05 (70) | 1:20 | 1:18:28 (53) | 1:22 | 1:04:24 (66) | 2:50:08 * |
| 63  | 29    | Robin Weber        |                                       | TM30 | 6   | 0:17:32 (19) | 2:36 | 1:23:35 (65) | 1:08 | 1:07:45 (68) | 2:52:35   |
| 64  | 33    | Andreas Merk       |                                       | TM35 | 8   | 0:24:01 (68) | 2:29 | 1:25:20 (72) | 0:51 | 1:00:03 (60) | 2:52:44   |
| 65  | 32    | Jonas Kuhn         |                                       | TM35 | 9   | 0:23:33 (64) | 2:30 | 1:23:59 (66) | 1:43 | 1:01:41 (62) | 2:53:25   |
| 66  | 79    | GERHARD NIEDERAUER | EMBA Örebro                           | TM65 | 5   | 0:22:21 (59) | 2:47 | 1:23:34 (64) | 0:42 | 1:06:16 (67) | 2:55:40   |
| 67  | 88    | Ralph Hoffmann     | DÜW                                   | TM60 | 4   | 0:25:59 (72) | 2:23 | 1:24:48 (69) | 2:19 | 1:03:01 (65) | 2:58:31   |
| 68  | 5     | Yannic Stüber      | Stüber Sports & Performance           | TM30 | 7   | 0:28:30 (74) | 3:18 | 1:20:55 (59) | 4:06 | 1:02:20 (64) | 2:59:09   |
| 69  | 54    | Günter Scharf      | Triathlon-Team Rhein-Nahe             | TM55 | 8   | 0:19:59 (33) | 1:12 | 1:25:18 (71) | 1:48 | 1:13:24 (70) | 3:01:41   |
| 70  | 34    | Andreas Ackermann  | WRAG Tria Team                        | TM55 | 9   | 0:22:26 (60) | 1:30 | 1:21:52 (60) | 1:31 | 1:15:09 (73) | 3:02:27   |
| 71  | 27    | Kai Weber          |                                       | TM25 | 9   | 0:22:12 (56) | 2:07 | 1:24:37 (68) | 2:04 | 1:12:38 (69) | 3:03:38   |
| 72  | 115   | Ulrich Jantzen     | ALV Mainz                             | TM55 | 10  | 0:23:33 (65) | 3:21 | 1:24:08 (67) | 1:46 | 1:14:00 (71) | 3:06:48   |
| 73  | 3     | Christian Behnke   | Katholischer Musikverein Fürfeld e.V. | TM45 | 7   | 0:21:51 (53) | 5:04 | 1:23:24 (62) | 2:24 | 1:14:35 (72) | 3:07:18   |

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| Pl. | St Nr | Name               | Verein                      | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt    |
|-----|-------|--------------------|-----------------------------|------|-----|--------------|------|--------------|------|--------------|-----------|
| 1   | 119   | Janina Krug        |                             | TW25 | 1   | 0:14:53 (1)  | 1:09 | 1:06:59 (1)  | 1:07 | 0:43:22 (3)  | 2:07:30   |
| 2   | 92    | Cornelia Schmitt   | Team sportELSCH             | TW35 | 1   | 0:17:27 (5)  | 0:44 | 1:07:55 (2)  | 0:38 | 0:45:45 (4)  | 2:12:28   |
| 3   | 16    | Anne Eifler        | Triathlon Team Rhein-Nahe   | TW35 | 2   | 0:17:05 (3)  | 1:02 | 1:11:58 (4)  | 0:58 | 0:42:09 (2)  | 2:13:11   |
| 4   | 111   | Catherine Wachter  | ALV Mainz                   | TW25 | 2   | 0:17:27 (4)  | 0:41 | 1:12:22 (5)  | 1:01 | 0:47:32 (10) | 2:19:03   |
| 5   | 44    | Maike Tullius      | LC Bingen                   | TW25 | 3   | 0:22:30 (21) | 0:53 | 1:11:53 (3)  | 0:57 | 0:46:40 (6)  | 2:22:54   |
| 6   | 65    | Swantje Panschar   | LaufLeben Running Crew e.V. | TW30 | 1   | 0:18:29 (8)  | 2:02 | 1:14:08 (6)  | 1:58 | 0:47:25 (9)  | 2:24:01   |
| 7   | 69    | Jana Lebenstedt    | RunningClub Fulda           | TW25 | 4   | 0:21:37 (17) | 1:45 | 1:21:22 (15) | 1:36 | 0:39:44 (1)  | 2:26:04   |
| 8   | 74    | Marie Rothenberger | Team Pace Pusher            | TW25 | 5   | 0:19:31 (10) | 1:10 | 1:17:02 (9)  | 0:43 | 0:49:12 (12) | 2:27:08 * |
| 9   | 36    | Kimberly Bier      |                             | TW25 | 6   | 0:18:47 (9)  | 1:11 | 1:21:04 (13) | 0:44 | 0:46:53 (7)  | 2:28:38   |

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| Pl. | St Nr | Name                    | Verein               | AK   | Pl. | Schwimmen    | W1   | Radfahren    | W2   | Laufen       | Gesamt    |
|-----|-------|-------------------------|----------------------|------|-----|--------------|------|--------------|------|--------------|-----------|
| 10  | 97    | Dorothee Richters       | ALV Mainz            | TW40 | 1   | 0:20:26 (14) | 1:29 | 1:17:31 (10) | 1:20 | 0:48:42 (11) | 2:29:29   |
| 11  | 15    | Janne Repschläger       |                      | TW45 | 1   | 0:18:02 (7)  | 2:00 | 1:18:31 (12) | 1:17 | 0:51:00 (13) | 2:30:20 * |
| 12  | 52    | Katharina Hucklenbroich |                      | TW40 | 2   | 0:22:08 (20) | 2:10 | 1:17:47 (11) | 2:17 | 0:46:12 (5)  | 2:30:34   |
| 13  | 20    | Ursula Philippi         | LLG Wonnegau         | TW60 | 1   | 0:20:06 (13) | 1:18 | 1:16:32 (8)  | 1:11 | 0:53:28 (17) | 2:32:34   |
| 14  | 96    | Judith Seitz            | ALV Mainz            | TW45 | 2   | 0:19:34 (11) | 1:31 | 1:16:15 (7)  | 0:52 | 0:56:51 (20) | 2:34:33 * |
| 15  | 2     | Lara Plewa              |                      | TW25 | 7   | 0:16:29 (2)  | 1:15 | 1:22:40 (18) | 1:01 | 0:54:00 (18) | 2:35:25   |
| 16  | 53    | Janette Fuchs           |                      | TW45 | 3   | 0:24:53 (23) | 1:36 | 1:22:10 (16) | 1:08 | 0:47:03 (8)  | 2:36:50   |
| 17  | 103   | Anna Müller             | 1. FC Kaiserslautern | TW25 | 8   | 0:21:33 (16) | 2:12 | 1:21:04 (14) | 1:18 | 0:51:50 (14) | 2:37:57   |
| 18  | 68    | Edith Chroszcz          |                      | WJUN | 1   | 0:21:10 (15) | 1:25 | 1:22:25 (17) | 2:27 | 0:52:53 (15) | 2:40:19   |
| 19  | 26    | Barbara Rösch           |                      | TW55 | 1   | 0:21:52 (18) | 1:40 | 1:22:49 (19) | 1:05 | 0:52:55 (16) | 2:40:21   |
| 20  | 10    | Cristina Durchholz      | Eintracht Frankfurt  | TW25 | 9   | 0:17:41 (6)  | 1:53 | 1:23:25 (21) | 1:31 | 0:57:29 (21) | 2:41:59   |
| 21  | 63    | Ursula Kranz            | RV Wörrstadt         | TW55 | 2   | 0:25:40 (24) | 2:00 | 1:23:05 (20) | 2:23 | 0:54:05 (19) | 2:47:13   |
| 22  | 67    | Carmen Wunn             | 1. FC Kaiserslautern | TW50 | 1   | 0:24:51 (22) | 1:51 | 1:27:21 (22) | 1:25 | 0:59:28 (23) | 2:54:55   |
| 23  | 94    | Teresa Brinkmann        | Tri-Club Paderborn   | TW30 | 2   | 0:19:39 (12) | 2:57 | 1:31:33 (23) | 2:53 | 1:04:52 (24) | 3:01:53   |
| 24  | 112   | Annett Boller           | ALV Mainz            | TW50 | 2   | 0:21:56 (19) | 3:26 | 1:38:40 (24) | 1:27 | 0:57:58 (22) | 3:03:27   |